Through the Eyes of a Haitian Child...

Like children everywhere, growing up in Haiti is an exercise in discovery: new abilities, experiences, and relationships. Eckhart Tolle would applaud a child's immersion in the “Now.” Laughter, energetic movement, squeals of delight, and sometimes falling tears mark their exploratory journey. As expected, the boundaries, cultural norms, and inherent risks that bracket a Haitian child’s life differ considerably — and often tragically — from those of American children.

Since its inception, Hôpital Sacré Coeur has made the health and well-being of children a high priority. The staff understands the health and social-economic risks of growing up in Haiti; they lived through those risks. They also understand the joys and supportive elements that bring emotional and social stability to the lives of Haitian children. The pillars of the lives of a young Esther, Jonas, Makenson, or Roseline include God, healthcare, food, family, and education. Those foundational markers remain from the cradle to the grave.

Food: The Child’s Centerpiece for a Healthy Life, Family, and Education

Nutritious food eaten daily is essential for the growth and well-being of healthy children. In the tumultuous Haitian climate of high inflation, a 50% increase in food prices, and shortages, children often only eat one small meal a day — or every few days. Hôpital Sacré Coeur continuously treats children with severe malnutrition and other ailments related to inadequate nutrition. Poorly nourished and malnourished children do not have the robust immune systems to speed up the healing process compounding the risks of any injury or illness and complicating treatments.

As Haiti Health Promise Vice Chairman Dr. Bill Guyol notes, “Malnutrition in the first two years of life leads to damage in physical and cognitive development that is largely irreversible. This leads to poor school performance, which
results in future income reduction and continues a multigenerational economic cycle of poverty.” Lack of food often places the much-desired pillar of education outside the reach of many children.

More than eating, food is a pivotal feature of family life. Eating even one meal daily — often at noon — calls all the family members home. Together they share stories, bolster each other in their daily struggles, and cherish the security and comfort of being part of a family unit. The family unit — which includes many extended members — provides an essential structure to the community and even the nation.

Hôpital Sacré Coeur has recognized the multi-layered importance of food for the health and social stability of the individual, the greater region, and the country. Over the past two years, the Feed Milot, Haiti Packathon program has packed 1,610,000 nutritious meals for Hôpital Sacré Coeur to distribute to children and other vulnerable people.

Healthcare: A Prized Luxury for Many Haitian Children

Children growing up in Milot and the northern regions enjoy a distinct advantage over many children in Haiti: Hôpital Sacré Coeur. Civil instability, violence, and supply chain disruptions in Southern Haiti have shuttered the doors of many medical facilities. Thankfully, Hôpital Sacré Coeur remains open and continues its stellar track record of delivering quality medical care to a growing number of patients — especially children, from conception to young adulthood.

In 2022, Hôpital Sacré Coeur statistics noted an impressive number of pediatric and maternity visits.

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<thead>
<tr>
<th>Pediatric Consultations</th>
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<tr>
<td>Pediatric Emergencies</td>
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<td>Pediatric Admissions</td>
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<td><strong>Total</strong></td>
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<tr>
<th>Pre-Natal Visits</th>
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<td>Maternal Admissions</td>
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<td>Newborn Deliveries</td>
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<td><strong>Total</strong></td>
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When built — with your generous donations — the new Women’s and Children’s Hospital will satisfy the increasing number of patients with excellent healthcare — and seem like a piece of heaven to many Haitian children and their families.
Above all for Children: God

From a young age, daily prayers guide a Haitian child. Speaking their gratitude tops the Haitian prayer list. Despite the countless areas of lack in a land of suffocating poverty, the people cherish what they have, knowing how quickly material goods and life could go away. Prayers and church are solid cornerstones of Haitian life. Sunday revolves around extended church services, abundant praise, and songs. A family meal follows.

Sundays bind together Haitian family members to each other, their community, and most importantly, God. The hymns and prayers flow over into daily life. Patients waiting in line at Hôpital Sacré Coeur often break out in hymns, a practice that reassures them that they are not alone in their struggles; God hears them and responds with heavenly grace.
Haitian children adapt and grow up despite the devastating risk factors. Their naturally curious and buoyant young spirits approach life with pragmatism — and remarkably — joy in the delights of being a child.

As writer Christopher Moore said, “Children see magic because they look for it.” In Haiti, “magic” is the miracle God provides through the compassion of strangers. A meal, a piece of clothing, a doctor or nurse who comforts and heals them. These are all received as glorious interventions worthy of immense joy, gratitude, and marvel. Always marvel.

You have delivered the miracles and marvel of God to countless Haitian children.

And your praises have been sung for lifetimes.

Please, donate today. Together we can deliver an abundance of miracles, joy, and healing.

And isn’t that truly marvelous?

With our most profound appreciation and gratitude for you.

David G. Butler, MD
Chairman, Haiti Health Promise of Holy Name (Founded as The CRUDEM Foundation)

Please send your tax-deductible donation to be received or postmarked by June 15th.

100% of every dollar supports patient care and community programs at Hôpital Sacré Coeur.